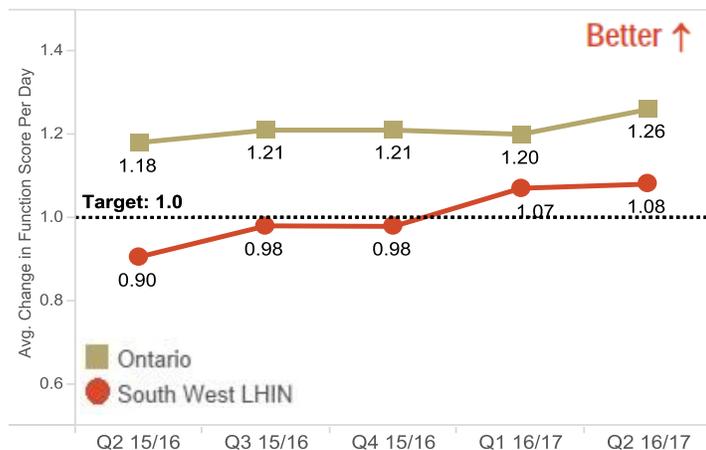


How Will We Know We Have Been Successful?

- More people able to access rehabilitative services to maximize recovery

How Are We Doing?

#24. Length of Stay Efficiency for Inpatient Rehabilitation: Average Change in Physical Function and Independence Per Day of Client Participation in Inpatient Rehabilitation



- The South West LHM length of stay efficiency has improved by 20% since Q2 15/16, and the LHM currently ranks 11th in the province. Clients of inpatient rehabilitation in the South West LHM experience less improvement in their Functional Independence Measure (FIM) scores per day than the provincial average.
- Among the top three high-volume Rehabilitation Client Groups, the South West LHM ranked 9th for Stroke, 2nd for Medically Complex, and 9th for Orthopedic Conditions.
- The main driver of the low efficiency for Orthopedics is related to high lengths of stay (LOS). The LOS efficiency for Stroke is attributed to its lower than provincial average FIM score change.

What Is Impacting Performance?

Initiating & Planning: **a) Assess and Restore** - Capacity building to develop expertise and skill in the treatment of frail seniors and early identification of patients for direct referral to support improved recovery. **b) Evidence-Informed Rehab Capacity Planning** - Developing a model of care that will support a patient's rehabilitative journey across the continuum, including recommendations to improve prevention, Acute Care rehabilitation, and community programs. **c) Post-Hospital Stroke Planning** - Creating directional recommendations within community-based care to support inpatient services and transitions of care.

Executing: **a) Senior Friendly Hospital** - Improvements in services for seniors that will result in an improved rehabilitative journey. **b) Quality-Based Procedures Implementation** - Stroke, hip, and knee best practices are being implemented which positively impact LOS efficiency. **c) Coordinated Access** - Ensure rehabilitation resources are accessed by patients who benefit from that level of care. **d) Stroke Realignment** - Realigning stroke care from 28 facilities to seven to improve acute and rehabilitative outcomes for stroke survivors. **e) Provincial Bedded Definitions Framework** - Standardizing Rehabilitation and Complex Continuing Care (CCC) bed terminology, eligibility criteria and resources to improve access to the right care and support system-level planning.

Monitoring & Closing: **a) FIM Efficiency** - Included in the South West LHM Rehabilitative Care Committee dashboard.

Potential Future Opportunities and Considerations:

- Develop and support a rehabilitative approach within Acute Care settings to prevent functional decline and reduce lengths of stay, ALC, and referrals to Rehabilitation, CCC, and Long-Term Care.
- The Orthopedic Steering Committee has been re-constituted with a short term focus on access for hip and knee patients. Future opportunities include work to develop and improve the orthopedic system of care.