# Frequently asked questions (FAQs) Ontario Indigenous Cultural Safety Program

updated October 8, 2020

## 1. What is the Indigenous Cultural Safety Program?

The goal of this program is to improve Indigenous healthcare experiences and outcomes by increasing respect and understanding of the unique history and current realities of Indigenous populations.

There are a number of ways that the Program advances its mission, including:

- Core online training for health and social service professionals
- Continued online training modules (post core training)
- In-person workshops, training and meetings convened to support organizational and system level transformation
- Provincial and national knowledge exchange efforts
- Planning, monitoring, evaluation and research initiatives related to ICS
- Strategic, collaborative partnerships
- Partnership, coordination and promotion of a National ICS Webinar series

# 2. What is Indigenous Cultural Safety training?

Indigenous Cultural Safety (ICS) training is one part of the overall ICS program, and is an interactive and facilitated online training for all professionals working in the Ontario health and social service systems. It addresses the need for increased Indigenous cultural safety within the system by bringing to light the service provider bias and the legacies of colonization that continue to negatively affect service accessibility and health outcomes for Indigenous people.

Please see below for the course options for health and social service professionals available:

#### **Ontario Core ICS Health**

This course is designed for everyone working in Ontario's health system, including leadership, administration, and allied health professionals. It focuses on issues that are specifically relevant to providing health services to Indigenous people in Ontario. Learning is self-paced over an <a href="eight-week">eight-week</a> window and typically takes between eight and sixteen hours to complete, though this could be longer or shorter depending on your style of learning.



### **Ontario Core ICS Mental Health** This course is designed for professionals working in mental health and addictions, and/or social service settings. It focuses on issues that are specifically relevant to providing mental health services to Indigenous people in Ontario. Learning is self-paced over an eight-week window and typically takes between nine and seventeen hours to complete, though this could be longer or shorter depending on your style of learning. **Enhanced Ontario Core ICS Health Training** This version has new content to support deeper learning about Indigenous cultural safety at an organizational level. Additionally content has been added to support participants who may be witnessing bias, stereotyping and discrimination in their work settings and how they can respond and interrupt it. Due to the enhanced nature, participants will be provided ten weeks to complete the training (this is an extension on the standard eight weeks). The enhanced training will start on the second Monday of each month. **Indigenous Only training** The Ontario ICS program in partnership with San'yas also offers an Indigenous ONLY cohort at the end of each quarter. The participant must have Indigenous ancestry and identify as such. The dates are as follows: Sept 28, 2020, Dec 21, 2020, and March 29, 2021. Formation disponible en français The Core Indigenous Cultural Safety training courses provides online. 3. What does the training involve? instructor-facilitated learning. Online discussions, interactive activities, videos and contributions between peers and the facilitation team provide rich learning opportunities to expand and share information. 4. Are there 2020/21 service The 2018-19 M-SAA requirement asked that you submit an annual ICS training plan by May 31, 2018. accountability agreement (SAA) requirements related to this program? For 2020-21, there will not be a local condition around Indigenous Cultural Safety as there was in 2018-19 so you will not be asked to complete a plan as a local condition. That being said, there will still be a limited amount of LHIN sponsored ICS training offered. For more information on registering, please email Amanda McKee. Any questions or concerns, can be directed to: Krista McMullen, Performance and Evaluation Advisor, South West LHIN. 5. How much does training There are a limited number of South West LHIN and Ministry of Health and Long-Term Care funded seats available. Please contact Amanda cost? McKee, Administrative Assistant to see if you are eligible for these seats. For others interested in taking the training, the cost is \$300/person.

6. Do registrants get to pick a start date for their training?	Registrants will not be able to choose their start date. Instead, they will be able to indicate their preferred month to start and will be placed in the first available training for that month (if it is available).
7. How do I register?	<ol> <li>If you are a South West LHIN funded health service provider or health system partner and wish to register for training, please complete the following:         <ol> <li>Identify a contact from your organization to liaise with Amanda McKee, Administrative Assistant, South West LHIN.</li> <li>Have your organizational representative contact Amanda McKee, directly.</li> <li>Review, and where appropriate, commit to the ICS Registration Information.</li> </ol> </li> </ol>
8. Is there any certification available upon completion of the program?	Upon completion a certificate is awarded and access is provided to a website with further information and post-training resources.
	Physician Accreditation The online Ontario Core ICS Health, Ontario Core ICS Mental Health and Enhanced Ontario Core ICS Health Training programs meet the accreditation criteria of the College of Family Physicians of Canada. It has been certified by the College of Family Physicians of Canada for up to 20 Mainpro+ credits.
	The Ontario Core ICS Health, Ontario Core ICS Mental Health and Enhanced Ontario Core ICS Health Training programs are accredited Self-Assessment Programs eligible for up to 10.0 MOC Section 3 credits as defined by the Maintenance of Certification Program (MOC) of the Royal College of Physicians and Surgeons of Canada.
	From Bystander to Ally Post-Training is an accredited Self-Assessment Programs eligible for up to 5.0 MOC Section 3 credits as defined by the Maintenance of Certification Program (MOC) of the Royal College of Physicians and Surgeons of Canada.
9. How do I access my certificate at a later date?	The easiest way to access and print your certificate is to visit the <a href="Indigenous Cultural Safety training site">Indigenous Cultural Safety training site</a> . If you forget your password, you can do a password reset.
	Once you log-in, your certificate should be available saying "Completed: Download Certificate" or "Completed: Certificate Available [date]" if the course has yet to close. From here you can save your certificate and print it.
10. How are other health service providers doing in my sub-region?	Please contact Krista McMullen, Performance and Evaluation Advisor, South West LHIN for an up-to-date listing of health service providers who have completed their training.
	South West LHIN staff can refer to an internal link for a listing.

11. What is my responsibility
as a South West LHIN
employee?

Preliminary data shows that the Indigenous Cultural Safety training increases awareness about racism in health care, how racism affects Indigenous health and increases the likeliness that staff will take action when witnessing discriminatory acts against Indigenous people. The Indigenous Cultural Safety training also allows us a measurable way to track cultural safety and gives us access to data when addressing complaints about care.

We at the South West LHIN need to lead by example and show our health services providers that we are committed to working towards better health outcomes for all of our community.

## 12. How can South West LHIN staff register for training?

To register, please complete the <u>registration form</u> and email to <u>Amanda McKee</u>, Administrative Assistant, South West LHIN. Staff will also need to complete a professional development form, so that the training can be tracked by Human Resources.