HealthLinks

DENA – Care Plan Ideas:

- Have a pharmacist make a recommendation to:
  - Suggest an alternate medication to Aclidinium bromide / formoterol fumarate dihydrate which is not covered under the drug plan;
  - Assess whether Dena's persistent dry cough is related to her blood pressure medication and suggest an alternative medication such as Losartan.
  - Blister packs
  - Funding – Trillium or First Nations funding
- Health Centre to assess whether Dena and Monti qualify for a Residential Rehabilitation Assessment Program (RRAP) loan to repair their home.
- Family physician completes a poverty screening assessment for Dena and Monti. The Benefits Finder is used to identify ways to augment their income: http://www.canadabenefits.gc.ca/f.1.2c.6.3z.1rdq.5.2st.3.4ns@.jsp?lang=en
- Aboriginal Patient Navigator from SOAHAC to assist Dena in submitting her Income Tax report.
- Re-assessment with Respirologist for treatment plan to manage COPD and exacerbations.
- Pain management strategies to be explored for knee pain.
- The community's Home and Community Care Program to arrange for home care support (bathing and meal planning/prep), exercise plan and assessment for mobility aids, nursing visits to assess foot ulcer, check blood pressure and O2 stats, and medication reconciliation.
- Connect Dena and Monti with First Nation to participate in social and congregate dining program for seniors.
- Referral to Adult Day program to provide caretaker relief.
- Referral to mainstream Home and Community Services to investigate eligibility for subsidized services such as Meals on Wheels, Adult Day programs and transportation outside of the First Nations community.
- Referral to SOAHAC to explore First Nation / Indigenous specific community supports such as transportation and social supports.
- ParaTransit, if available
- Referral to SOAHAC diabetes team, which includes a dietician, to support healthier meal planning on a budget.
- Referral to Pulmonary Rehab Program, where available.
- Traditional healing methods may be explored to address trauma from the past related to the residential school.
- Mental Health and Addictions assessment to be completed.
- Geriatric assessment to be completed.
- Telehomecare -- COPD