

Care Bundles

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Health Links Learning Collaborative
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“Lillian”, 74



- COPD
- CHF
- Diabetes
- Depression
- Anemia
- GERD
- Osteoarthritis with chronic pain on opiates
- Chronic Constipation
- Osteoporosis
- Gout
- Chronic Kidney Disease

“Lillian”, 74



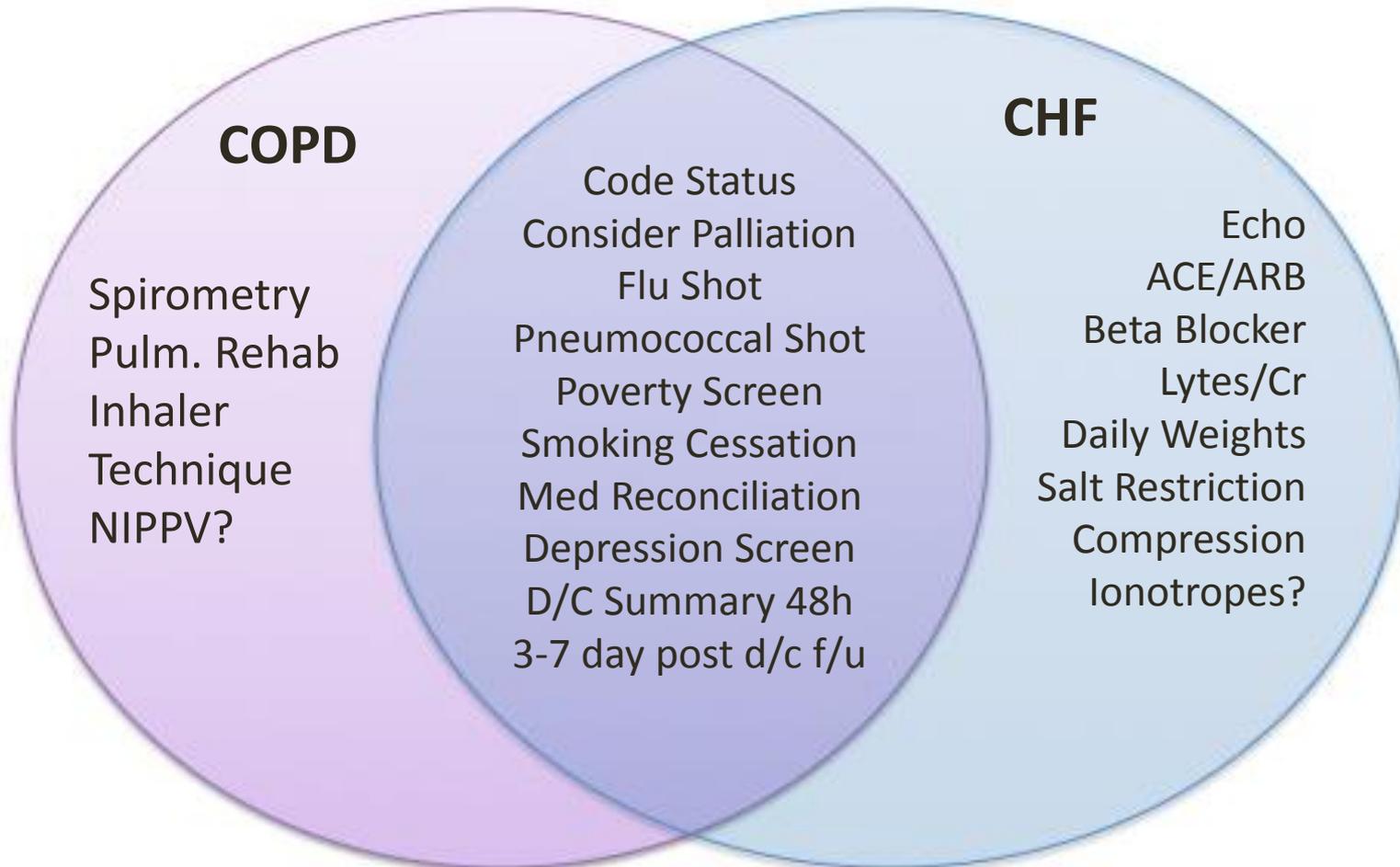
- Recently moved from son's house to daughter's house
- On home oxygen since 2008
- 13 hospital admissions in the past 5 years
 - 4 in the past year
 - 3 for fractures
 - The rest for resp or renal decompensation

Care Bundles

- A 'Care Bundle' is a set of **evidence-based** interventions for a defined patient population and care setting that, when implemented together, will result in significantly **better outcomes** than when implemented individually
- Care bundles will **overlap** in the same patient, like Lillian, who has several chronic conditions



Overlapping Care Bundles



Lillian, 74



Through the CCP Process, thinking about Care Bundles, we could....

- Take a palliative approach to care to keep Lillian out of hospital and in her home.
- Identify her DNR code status and that this includes no NIPPV or Ionotropes
- Identify her current baseline for each of her chronic diseases (Cr 180, Hgb 94, FEV1 = 50%, EF = 35%, A1C = 6.5%) so that changes from baseline could be easily identified
- Review meds to confirm she is on evidence-based therapy, ensuring she can access them and knows how to use them
- Monitor her mood
- Be mindful that some evidence-based changes for one condition may upset another chronic condition in complex patients like this so they need to be individualized to address each patient's goals, rather than check off the whole list.