

Working Together to Get You *Home First*

You're receiving this information sheet because you are in hospital and may soon be discharged. We want you to know about a new approach to planning what happens when you no longer need hospital care. We call it *Home First*.

London Health Sciences Centre, the Community Care Access Centre and the South West Local Health Integration Network are working together to ensure that you receive the care you need, when and where it is needed.

Our goal is to get you back home as quickly and safely as possible. How do we do that? By assessing your needs and then ensuring that you have the care and support you need when you get home.

It's better to be home

You are receiving hospital care because you are ill, injured or have undergone surgery. Your care is delivered by a skilled and dedicated health care team, using advanced equipment and techniques. When you *need* hospital care, it's definitely the right place to be.

But when you no longer need this level of care, you'll find it's better to be at home. You will be safer and more comfortable, and be able to get back to your routine. Your family will be able to participate more in your care.

The care you need, at home

A case manager from the Community Care Access Centre will visit you in hospital and talk with you about your needs. Then he or she will make arrangements for the right care to be provided at home. With Home First you will receive all the care and support you need to settle in.

Time to make thoughtful decisions

Once you are settled at home, you, your family and your CCAC case manager will be ready to talk about your changing needs and your plans for the future. You may consider moving to a retirement home or long-term care home. Because you're not in hospital, you can take the time you need to make big decisions, and your family can participate in the process.

Always ready to help

Your health care team is here to support you and your family. Let us know if you have any concerns or questions.